**Free School Meals**

Your child may be able to get free school meals if you get any of the following:

* Income Support
* income-based Jobseeker’s Allowance
* income-related Employment and Support Allowance
* support under Part VI of the Immigration and Asylum Act 1999
* the guaranteed element of Pension Credit
* Child Tax Credit (provided you’re not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
* Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
* Universal Credit - if you apply on or after 1 April 2018 your household income must be less than

£7,400 a year (after tax and not including any benefits you get)

* Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Your child may also get free school meals if you get any of these benefits and your child is both:

* younger than the **compulsory age for starting school**
* in full-time education

If your child is eligible for free school meals, they’ll remain eligible until they finish the phase of schooling (primary or secondary) they’re in on 31 March 2022.

**Infant free school meals in England**

Your child will be able to get free school meals if they’re in a **government-funded school** and in:

* reception class
* year 1
* year 2

Tell your local authority if you also get any of the
qualifying benefits. Your child’s school can get extra funding if you do.

### [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

**We serve balanced and nutritious food.**

* 75% of meals are freshly prepared.
* 50% of produce is locally sourced.
* All eggs are free range.
* All fish used on our menus are Marine Stewardship Certified (MSC).
* We do not add salt to any of our meals.
* We use Belton organic cheese.
* Every Friday an assortment of fresh fruit and yoghurt is the only pudding option.
* All puddings are made using reduced sugar recipes and fresh fruit is available daily.
* Our menus meet the Food for Life Silver standard.
* The menu may change to reflect seasonal fruit and vegetables.

# Allergens and Special Diets

Details of allergens for each Shire Services’ recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the catering manager

to discuss any dietary requirements you have.

# Shire Services HEAD OFFICE

Shropshire Food Enterprise Centre, Battlefield Enterprise Park, Shrewsbury, SY1 3TG.

## Tel: 01743 250250

e-mail: shire.services@shropshire.gov.uk website: [www.shropshire.gov.uk/shire.services](http://www.shropshire.gov.uk/shire.services)



St Thomas & St Anne’s CE Primary School

Menu

September 2021 - July 2022

## You can follow us on Facebook as “Shire Services” and Twitter as ‘Shropschoolmeal’

Education catering is our passion

**Week**


### Commencing

Balanced and nutritious, freshly prepared school meals



|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 20/09/202111/10/202108/11/202129/11/202103/01/202224/01/202214/02/202214/03/202204/04/202209/05/202206/06/202227/06/202218/07/2022 | Week 1 | **MONDAY****Pork & Carrot Meatballs All served with Penne Pasta, Broccoli & Sweetcorn Chocolate or Vanilla Muffin, Fruit Salad or Yoghurt** | **TUESDAY****Selection of Fish All served with Garlic & Herb Wedges, Peas & Baked Beans Cheese & Crackers, Vanilla Ice-cream, Fruit Salad or Yoghurt** | **WEDNESDAY****Roast Beef with Yorkshire Pudding & Gravy All served with Roast Potatoes & Mash, Carrots, Broccoli & Cauliflower Selection of Cookies, Fruit Salad or Yoghurt** | **THURSDAY****Breaded Chicken Breast Steak & Noodles All served with Sweet & Sour Sauce, Green Beans & Sweetcorn Toffee Cake & Custard, Fruit Salad or Yoghurt** | **FRIDAY****Pizza (v) (with a selection of toppings & chips)** **Served with Baked Beans & Peas ‘Fruity Friday’** |
| 06/09/202127/09/202118/10/202115/11/202106/12/202110/01/202231/01/202228/02/202221/03/202225/04/202216/05/202213/06/202204/07/2022 | Week 2 | **MONDAY****Chicken Tikka Masala (with brown & white rice & naan bread) Served with Sweetcorn & Peas Chocolate & Vanilla Mousse, Fruit Salad or Yoghurt** | **TUESDAY****Pork Sausages All served with Chips or Jacket Potato, Baked Beans & Broccoli Cheese & Crackers, Vanilla Ice-cream (with toffee sauce), Fruit Salad or Yoghurt** | **WEDNESDAY****Roast Chicken & Gravy All served with Roast Potatoes & Mash, Carrots, Cabbage & Leek & Sweet Potato Bake Selection of Cookies, Fruit Salad or Yoghurt** | **THURSDAY****Selection of Fish All served with Baby Potatoes, Baked Beans & Peas Chocolate Sponge & Chocolate Sauce, Fruit Salad or Yoghurt** | **FRIDAY****Pizza (with a selection of toppings)** **All served with Sweetcorn & Green Beans ‘Fruity Friday’** |
| 13/09/202104/10/202101/11/202122/11/202113/12/202117/01/202207/02/202207/03/202228/03/202202/05/202223/05/202220/06/202211/07/2022 | Week 3 | **MONDAY****Beef Burger Served in a bun with a selection of fillings: onion, cheese & ketchup, with Baked Beans & Sweetcorn Chocolate or Vanilla Cupcakes, Fruit Salad or Yoghurt** | **TUESDAY****Cottage Pie All served with Green Beans & Carrots Mini Doughnuts, Fruit Salad or Yoghurt** | **WEDNESDAY****Roast Pork with Apple Sauce & Gravy All served with Roast Potatoes & Mash, Carrots, Broccoli & Cauliflower Cheese Selection of Cookies, Cheese & Crackers, Fruit Salad & Yoghurt** | **THURSDAY****Selection of Fish** **All served with Chips or Noodles, Peas & Baked Beans** **Ginger & Orange Sponge & Custard, Fruit Salad or Yoghurt** | **FRIDAY****Pizza (v) (with a selection of toppings & jacket wedges) Served with Sweetcorn & Baked Beans** **‘Fruity Friday’** |

**Available Daily:** Freshly-made bread. **Fruity Friday**: A selection of fruit platter, fruit salad, fruit jelly, yoghurt & mango sorbet
**Selection of Fish:** Will be a combination of - battered pollock, fish cake, fish fingers, seaside fish fillet, pollock bites, pollock fillet
**A Vegetarian Option** is available on request – please give 2 days notice to allow for ordering
**Food Allergen & Intolerance Information:** Before ordering speak to our staff about your requirements. The menu may vary on promotional days.